

Tara Dunne

☎ 2021

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Practice Overview

Tara joined 3DJB in May 2025 and enjoys a busy practice in all areas of family law and is particularly known for her impressive oral advocacy, professionalism and dedication.

Tara represents clients at all stages of proceedings in contested applications under Part 4 of the Family Law Act 1996 for non-molestation and occupation orders as well as applications for a transfer of tenancy.

In private children matters, Tara appears regularly where there are serious allegations of domestic abuse and alienating behaviours, substance misuse, intractable contact disputes, and where a guardian has been appointed for the children. She has appeared at all stages of proceedings and has particular experience where either the parent or the child(ren) have additional and complex needs, including autism and ADHD as well as acting for clients who need the assistance of an interpreter. Tara is frequently instructed in long running cases and multi-day trials and has extensive experience in cross-examination of parties and experts.

In public children matters, Tara has acted for parents who have been particularly vulnerable, including those tackling addiction, cognitive or mental health difficulties and disabilities including those who are deaf. She is well-equipped to support clients, being known for her straight-forward approach, meticulous preparation, and attentive client care.

In addition, Tara has a growing practice in financial remedy proceedings, having represented clients in applications for maintenance pending suit as well as at First Appointment and FDR stage, particularly where clients are vulnerable due to allegations of controlling and coercive behaviour.

Other experience/qualifications

Tara graduated from the University of Exeter in 2020 having obtained a Bachelor of Laws with Honours in Law. Tara went on to receive an Outstanding in the Barrister Training Course before obtaining the role as a Paralegal in a family law firm in London where she managed a consistently busy caseload autonomously, with a focus on complex private children matters. To broaden her oral advocacy experience, Tara became a County Court Advocate, presenting oral submissions in court on a range of civil law matters.

Prior to pupillage, Tara was OurFamilyWizard's Legal Associate for nearly 2 years where she educated family law professionals including Judges, Barristers, Solicitors, Mediators, and Social Workers on the problems of current communication apps particularly for high conflict families and how OurFamilyWizard's co-parent platform assists parents with their communication, presenting regularly at family law conferences and seminars across the country.

Testimonials

Dedicated, diligent, detail-oriented, and articulate are a few words I would use to describe Tara's work – Tara has been nothing short of excellent in progressing my client's case to finality, achieving orders in my clients favour and thinking 10 steps ahead. Very impressive result and very grateful to have instructed her. I look forward to instructing Tara again in the near future –
Instructing Solicitor

I am absolutely delighted with the outcome of a recent complex injunction case which had parallel possession proceedings where I instructed Tara. Both Tara's written work and advocacy are outstanding! I look forward to working with Tara again in the future. My client also passes thanks to Tara who commented that she was 'brilliant' and 'talked through everything, felt very supported and couldn't have asked for a better counsel to represent her' – Instructing Solicitor

My client is a victim of domestic abuse and Tara provided her with excellent advice and support. My client specifically stated 'Tara did amazingly yesterday. She was so professional and it gave me so much confidence seeing how she conducted herself in the hearing. Before and after she did and exceptional job at comforting my nerves and was very empathetic, she is a wonderful barrister and I would love to have her representing me at all future hearings if she is available please' –
Instructing Solicitor

Degree/University

Bachelor of Law with Hons, University of Exeter, First Class | Postgraduate Diploma in Legal Practice (Bar), BPP University, Outstanding

Scholarships/Awards/Prizes

Memberships

Resolution

FLBA

Middle Temple

Areas of Practice

Public Children Law

Private Children Law

Family Finance

Domestic Abuse and Injunctions

Outside Interests